



Caldecote Day Nursery



Newsletter April 2020

This month's Learning Focus: **Easter & Spring, Children's Interests,**

This month's Value: **Caring**

Safeguarding

Here is some useful guidance from WHO about supporting your child through the coronavirus outbreak.



World Health Organization

Helping children cope with stress during the 2019-nCoV outbreak



Children may respond to stress in different ways such as being more clingy, anxious, withdrawing, angry or agitated, bedwetting etc.

Respond to your child's reactions in a supportive way, listen to their concerns and give them extra love and attention.

Children need adults' love and attention during difficult times. Give them extra time and attention.

Remember to listen to your children, speak kindly and reassure them.

If possible, make opportunities for the child to play and relax.



Try and keep children close to their parents and family and avoid separating children and their caregivers to the extent possible. If separation occurs (e.g. hospitalization) ensure regular contact (e.g. via phone) and re-assurance.

Keep to regular routines and schedules as much as possible, or help create new ones in a new environment, including school/learning as well as time for safely playing and relaxing.



Provide facts about what has happened, explain what is going on now and give them clear information about how to reduce their risk of being infected by the disease in words that they can understand depending on their age.

This also includes providing information about what could happen in a re-assuring way (e.g. a family member and/or the child may start not feeling well and may have to go to the hospital for some time so doctors can help them feel better).

Additional Support:

Family Information Service – FIS:

<https://www.warwickshire.gov.uk/children-families>

Government Website:

<https://www.gov.uk/government/publications/covid-19-guidance-on-supporting-children-and-young-peoples-mental-health-and-wellbeing/guidance-for-parents-and-carers-on-supporting-children-and-young-peoples-mental-health-and-wellbeing-during-the-coronavirus-covid-19-outbreak>

Barnardos:

<https://www.barnardos.org.uk/coronavirus-advice-hub>

Young Minds:

<https://youngminds.org.uk/find-help/for-parents/parents-guide-to-support-a-z/parents-guide-to-support-infant-mental-health-babies-and-under-5s/>

Unicef:

<https://www.unicef.org/coronavirus/covid-19>



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Home Learning Ideas

Each week we are producing a pack of home learning ideas for you to try with your child.

Look out for these via email...

Please also like and follow our Facebook page:

Caldecote Day Nursery – Rugby

And join our private Facebook group:

Staff & Parents of Caldecote Day Nursery - Rugby

Don't forget to send us a photo of your home learning via ParentZone.



ParentZone

Spring Term 2020 Dates for your diary...

At present, we do not know when we will return...but here are some key dates:

Term Time Only children return on Monday 20th April

Tempest Photography – Monday 4th May; 9am – 2pm

Bank Holiday Closure – Friday 8th May

Term Time Only Children - Term ends Friday 22nd May

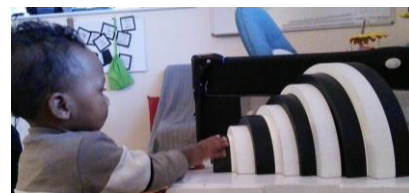
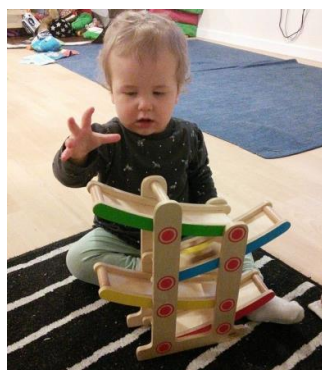
Bank Holiday Closure – Monday 25th May

Term Time Only children return on Monday 1st June

Term Time Only Children - Term ends Friday 17th July

We will keep in touch and let you know when the situation changes.

We have been learning about...



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This month's seasonal recipe to try at home...

Easiest Ever Easter Biscuits



Ingredients

- 200g unsalted butter, softened
- 200g golden caster sugar
- 1 large egg
- ½ tsp vanilla extract
- 400g plain flour, plus extra for dusting

Method

1. Heat oven to 200C/180C fan/gas 6 and line a baking sheet with baking parchment.
2. Put the butter in a bowl and beat it with electric beaters until soft and creamy.
3. Beat in the sugar, then the egg and vanilla, and finally the flour to make a dough. If the dough feels a bit sticky, add a little bit more flour and knead it in.
4. Pull pieces off the dough and roll them out to about the thickness of two £1 coins on a floured surface. The easiest way to do this with small children is to roll the mixture out on a baking mat.
5. Cut out shapes using a 9cm biscuit cutter, or use the rim of a small glass and peel away the leftover dough around the edges.
6. Press some clean toys gently into the biscuits, making sure you make enough of a mark without going all the way through.
7. Re-roll off-cuts and repeat.
8. Transfer the whole mat or the individual biscuits to the baking sheet and bake for 8-10 mins or until the edges are just brown.
9. Leave to cool for 5 mins, then serve. Will keep for three days in a biscuit tin.



Thank You to all our wonderful families at this very difficult and stressful time. We are so grateful to the support that you have shown us and for all your kind messages. We miss you and your children, but hope that you are all staying safe and looking after each other. See you very soon.

From all the Staff at Caldecote Day Nursery. xxx

Thank You!



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