



Caldecote Day Nursery



Newsletter May 2020

This month's Learning Focus: **VE Day, National Gardening Week, Children's Interests** This month's Value: **Friendship**

Safeguarding

Here is some useful guidance from WHO about parenting through the coronavirus outbreak.



Topics Covered:

One-on-One Time
Keeping It Positive
Structure Up
Bad Behaviour
Keep Calm & Manage Stress
Talking about Covid-19
Keeping Children Safe Online
Managing Family Finances
Family Harmony At Home
Learning Through Play
When We Get Angry
Parenting in Crowded Homes

There are 12 guides in total which can all be accessed here:

<https://www.who.int/emergencies/diseases/novel-coronavirus-2019/advice-for-public/healthy-parenting>

Additional Support:

Family Information Service – FIS:

<https://www.warwickshire.gov.uk/children-families>

Government Website:

<https://www.gov.uk/government/publications/covid-19-guidance-on-supporting-children-and-young-peoples-mental-health-and-wellbeing/guidance-for-parents-and-carers-on-supporting-children-and-young-peoples-mental-health-and-wellbeing-during-the-coronavirus-covid-19-outbreak>

Barnardos: <https://www.barnardos.org.uk/coronavirus-advice-hub>

Young Minds:

<https://youngminds.org.uk/find-help-for-parents/parents-guide-to-support-a-z/parents-guide-to-support-infant-mental-health-babies-and-under-5s/>

Unicef:

<https://www.unicef.org/coronavirus/covid-19>



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Home Learning Ideas

Each week we are producing a pack of home learning ideas for you to try with your child.

Look out for these via email...

Please also like and follow our Facebook page:

Caldecote Day Nursery – Rugby

And join our private Facebook group:

Staff & Parents of Caldecote Day Nursery - Rugby

Don't forget to send us a photo of your home learning via ParentZone.



ParentZone

Spring Term 2020 Dates for your diary...

At present, we do not know when we will return...but here are some key dates:

Bank Holiday Closure – Friday 8th May (VE Day)

Term Time Only Children - Term ends Friday 22nd May

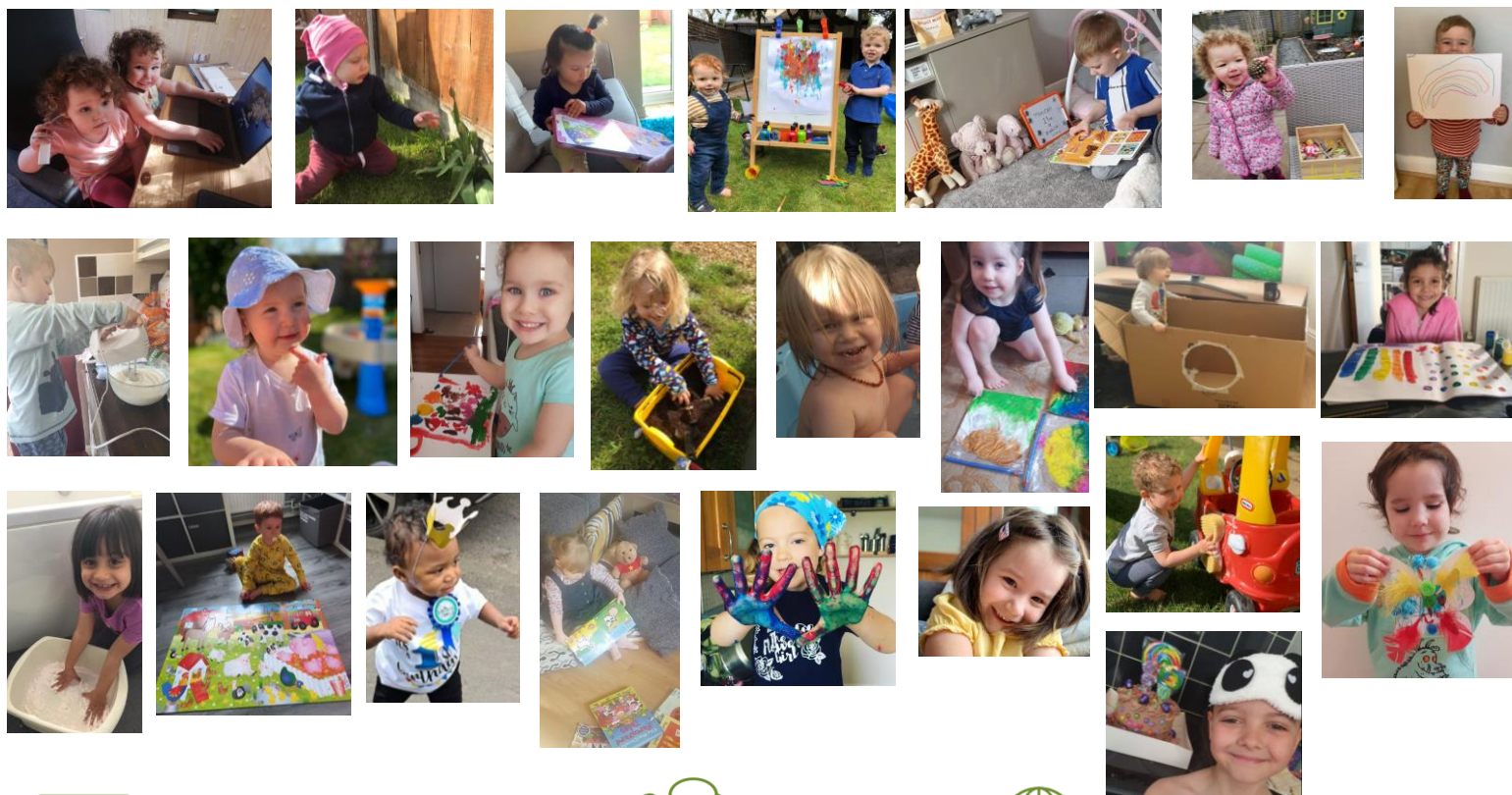
Bank Holiday Closure – Monday 25th May

Term Time Only children return on Monday 1st June

Term Time Only Children - Term ends Friday 17th July

We will keep in touch and let you know when the situation changes.

We have been learning at home...



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75
VE DAY

VE DAY 75
STAY AT HOME STREET PARTY

Friday 8 May
Decorate your houses and join your neighbours for tea and a picnic from your front garden, driveway or balcony!

**PLEASE RESPECT
SOCIAL DISTANCING AND
CELEBRATE SAFELY**

Celebrate the 75th Anniversary of VE Day

VE Day Celebrations – Friday 8th May

Had we been at nursery, we would have had a VE Day celebration, dressing up in red, white and blue; making our own decorations; enjoying some party games and having some great party food. As we cannot do this together, we would like you to do it at home and send us some photographs!

Make some patriotic bunting, have a go at rustling up your favourite party food and dress up in some red, white and blue clothes. Join with your neighbours, socially distancing of course, and have your own celebration.

Please email us photographs, send them via ParentZone or upload through Facebook. We look forward to seeing you all!

This month's seasonal recipe to try at home...

Red, White & Blue Jelly



Ingredients

400g strawberries, trimmed and hulled
85g caster sugar
Juice ½ lemon
2 gelatine leaves
(or use a packet of strawberry jelly)

50ml double cream
1-2 tsp icing sugar
Handful blueberries to serve



Method

1. Place the strawberries, caster sugar and lemon juice in a pan with 100ml water. Bring to the boil, then take off the heat and use a spoon to skim away any scum that rises to the surface.
2. Press the mixture through a fine sieve into a large measuring jug. Fill the jug with boiling water to get 300ml strawberry juice.
3. Or make up the jelly according to the packet.
4. Meanwhile, cover the gelatine with plenty of cold water, then leave to soak for 5 mins until softened.
5. Squeeze out any excess liquid, add leaves into the hot juice, then stir until they dissolve.
6. Pour the jelly into serving glasses and leave in the fridge for at least 3 hrs to set.
7. Just before serving, whip the cream with the icing sugar until soft peaks form.
8. Dollop over the jelly and sprinkle with the blueberries to serve.



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National Children's Gardening Week! 23rd – 31st May 2020

What is it all about?

Children love growing plants, love being in the garden but they're often impatient, wanting to see instant results. National Children's Gardening Week aims to capture children's enthusiasm at a time when results are immediate. National Children's Gardening Week takes place annually in the 'warm' week at the end of May.

What can we do?

Log onto www.childrensgardeningweek.co.uk for lots of ideas of how to get your children active outside and interested in gardening and the environment.

Send us your pictures so we can see what you have been up to!



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