



Safeguarding: Water Safety

Over the last six years 30 children under 10 years old have drowned in holiday swimming pools abroad. RoSPA believes that all of these deaths could have been prevented.

Each year millions of Britons jet off to sunnier climes. This fact sheet gives a brief overview of a numerically small but significant problem of which families should be aware. It highlights the key trends since 2000 and offers some simple advice for parents to consider before they book a holiday, and points to remember during the holiday.

Key facts behind these drownings:

- **Toddlers (0 - 3 years)** - Two to three years are most at risk. In many cases the toddler wandered away from parents and fell into an unsupervised pool.
- **Young children (4-5 years)** - Some drownings happened after the child was last seen playing in the water or playing near to water. In many cases parents were unaware of the problem until the child was found in the water (most commonly a hotel swimming pool).
- **Older children (6-9 years)** - In all of these cases the children were swimming.
- **Parental supervision** - Drowning children don't cry out for help and wave to be rescued - they disappear under the surface - often unseen and unheard. Adults need to be vigilant whenever a child is in or near a pool.
- **Lifeguards** - Many hotel pools will not have lifeguards on duty. Of those that do have lifeguards - their roles are often combined with other duties. Many pools will have 'pool attendants' who give out towels and make sure the site is clean. Their main response is usually after the event has happened as opposed to the UK where a lifeguard's main role is focused to prevent incidents occurring before the event.
- **Holiday villas** - If you book a private property - you will have to be the lifeguard. A number of holiday pool drownings have occurred in villas during the evening (or early morning) where the child has gone outside without their parents' knowledge and ended up in the pool. It is impossible to be awake and supervise all the time. Check to see if your villa has safety barriers (permanent or otherwise) that will stop young children from getting into the pool without your help.
- **First and last day** - A significant number of the holiday pool drownings are reported to happen on the first or the last day of the holiday. RoSPA believes that parents may be less vigilant because of distractions surrounding arrival at the holiday destination and packing up to go home. Children will be keen to explore at this time and may easily slip away.

Key points for parents to consider before you go:

- Check the safety arrangements in advance
- Teach children never to swim alone
- Be cautious about booking villas that do not have safety fencing
- Take a first aid course - know how to resuscitate a child
- Ask your travel company if the hotel pool has a lifeguard

When you are there:

- Actively supervise all young children near water
- Choose pools that are fenced with locking gates
- Even if a pool has a lifeguard - know where your children are, and what they are doing in the water
- Let children take swimming classes whilst on holiday - they are a great way of gaining water confidence and learning essential water safety skills
- Inflatables are not a substitute for supervision or swimming ability

Rules for children:

- Water safety rules for children
- Never swim alone
- Do not dive into unknown depths of water, and only jump feet first into water
- Do not push or jump onto others
- Know where to get help in an emergency



Taken from RoSPA's website





Caldecote Day Nursery Newsletter August 2019

This month's Learning Theme: **The Seaside**
This month's Value: **Caring**

Home Learning Ideas

Here are some ideas you could try with your child this month, linked to our learning theme...

Play in the water at home or visit the park and play in the sand with a bucket and spade.

Talk about clothes that you might wear to the beach or pack to take on a sunny holiday.

Make a boat from paper or from empty containers and sail it in the bath. Does it float or sink?

Draw a picture of an animal that you might see at the beach or in a rock pool.

Share some books about the seaside. Commotion in the Ocean, Sharing a Shell and The Singing Mermaid are our favourites!

Try making some Veggie Rainbow Picnic Pie. The recipe is on this newsletter. Let us know how it tastes!

Don't forget to send us a photo of your home learning via ParentZone.



Safeguarding Notice

We kindly ask that if you come to collect your child and they are playing out in the garden; you **do not** lift them over the fence. Children will be brought back into the building and then collected from their usual area. Thank you.

Goodbye and good luck to all our children leaving for 'Big School'. You have been fabulous here and you will be fabulous at school too. Don't forget to pop in and visit us in your new uniform!

Reminder

Please ensure that your child has a **named** sunhat and **named** sun cream in nursery at all times, as we will try and make the most of the sunshine...when it appears!

Your child should also have a **named** waterproof coat in nursery as we try and get outside, even in the drizzle.



August / September Dates for your diary...

**Term Time Only children
return on
Monday 9th September 2019**

**The 2019-2020 Funding Term
Dates are shown below.**

October Dates for your diary...

**Harvest Donations
7th – 11th October**

**NSPCC Pantosaurus Week
14th – 18th October**

**Term Time Only Children
Term ends on Friday 25th
October**

Nursery Funding Entitlement for 2, 3 & 4 year olds

2019/2020

Autumn Term - 2019	Spring Term - 2020	Summer Term - 2020
Monday 9 th September – Friday 25 th October 7 weeks	Monday 6 th January – Friday 14 th February 6 weeks	Monday 20 th April – Friday 22 nd May 5 weeks
Half Term: Monday 28 th October – Friday 1 st November (no funding in this period)	Half Term: Monday 17 th February – Friday 21 st February (no funding in this period)	Half Term: Monday 25 th May – Friday 29 th May (no funding in this period)
Monday 4 th November – Friday 20 th December 7 weeks	Monday 24 th February – Friday 3 rd April 6 weeks	Monday 1 st June – Friday 17 th July 7 weeks
Total weeks: 14	Total weeks: 12	Total weeks: 12

Term Dates

These are the term dates for the next academic year. If you wish to change or alter bookings for September, please complete a change of session form (which are located at both entrances) and pass it to Pamela or Mariana as soon as possible.

Annual Questionnaires

Thank you to the families who returned questionnaires. The results have been collated and are attached to the email with your invoice for August. If you wish to discuss any of the results, please do not hesitate to get in touch.



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This month's seasonal recipe to try at home...

Veggie Rainbow Picnic Pie: serves 12-14



Ingredients:

450g butternut squash, peeled, sliced and cut into small chunks
2 tbsp olive or rapeseed oil
1 large onion, sliced
550g small waxy potatoes, peeled and sliced
2 x 375g blocks all-butter puff pastry
Flour for dusting
1 x 320g ready-rolled sheet all-butter puff pastry
2 tbsp breadcrumbs
300g pack cooked beetroot, sliced
450g jar roasted red peppers, drained
200g block feta cheese
150g frozen peas
small bunch each parsley and mint, chopped
10 eggs
2 tbsp sesame seeds



Method:

1. Heat oven to 200C/180C fan/gas 6. Toss the squash in 1 tbsp oil and some seasoning and roast for 20 mins until soft. Meanwhile, fry the onion in the remaining oil for 10-15 mins over a low heat until golden and boil the potatoes for 8 mins until soft. Drain the potatoes and leave the veg to cool.
2. Reduce oven to 180C/160C fan/gas 4. Line a 20cm x 30cm baking tin with a long double thickness strip of parchment (this will help you to lift out the pie once cooked). Squeeze the two blocks of pastry together, then roll out on a floured surface – the pastry should be about the thickness of a £1 coin. Use the pastry to line the tin, leaving any excess pastry hanging over the edges.
3. Sprinkle the breadcrumbs over the base of the pastry. Layer in the beetroot slices, peppers, squash, onions, feta, potatoes, peas and herbs (in that order for a nice rainbow effect), seasoning well between each layer. Beat the eggs and pour slowly over the filling until most of it has sunk through the layers, saving a little to glaze the top. Brush some egg over the overhanging pastry then lay the rolled pastry sheet on top. Press the pastry sheets together, then use some kitchen scissors to trim the excess pastry, leaving about 2cm. Roll the edges in to seal, then press them firmly with a fork. Brush with egg, sprinkle with seeds, then use the fork prongs to mark out 12 portions. Bake for 1 hr 20 mins until the pastry is golden and crisp. Leave to cool completely before slicing, or chill for up to two days before serving.

Redevelopment News

Following our big redevelopment last year, work is now continuing in other parts of the building. All fire doors are being replaced, the staff room is being relocated, Club Caldecote is being redecorated throughout, any remaining rooms and areas will be redecorated, and further development of the garden will take place in late 2019 / early 2020. Ashlawn Builders are working hard to cause the least amount of disruption possible and we would like to thank parents and children for their understanding at this time. We look forward to showing it off when it is all done!





'We have been learning about... Recycling & The Environment'



**Have you seen what is on offer at Club Caldecote this month?
There is still time to book a place!**

Summer at Club Caldecote – Week 3 5th – 9th August



	Monday 5 th August	Tuesday 6 th August	Wednesday 7 th August	Thursday 8 th August	Friday 9 th August
Craft	Clay Models 	Leaf painting and printing 	Keyring making 	Playdough 	Bird Feeders
Cooking	English muffin pizzas 	Fruit Kebabs 	Chocolate Bark 	Decorating Biscuits 	Toasted sandwiches
Group	Tennis at Caldecott Park 	Science Investigations 	National Play Day Whitehall Recreation Ground (1-3pm) 	Cineworld (pm) 	Talent Show

Summer at Club Caldecote – Week 4 12th – 16th August



	Monday 12 th August	Tuesday 13 th August	Wednesday 14 th August	Thursday 15 th August	Friday 16 th August
Craft	Pebble painting 	Lego Discovery Centre, Birmingham 	Face painting 	Hama beads 	Junk modelling
Cooking	Fruity Milkshakes 		English muffin pizzas 	Rice Krispie Cakes 	Cake pops
Group	Skipping challenge 		Movie Day (with popcorn) 	Rugby Library; Make & Take Scratch Board (10:30-12:30) 	Seed planting

Summer at Club Caldecote – Week 5 19th – 23rd August



	Monday 19 th August	Tuesday 20 th August	Wednesday 21 st August	Thursday 22 nd August	Friday 23 rd August
Craft	Making spinners 	Jewellery craft 	Recycled materials paper plate faces 	Watercolour painting 	Nature collage
Cooking	Chocolate Bark 	Toasted sandwiches 	Mocktail Making 	Biscuit decorating 	Fruit smoothies
Group	Charades 	Park visit 	Yum Yum World (am) 	Rugby Library; Make & Take School Keyrings (10:30-12:30) 	Science Investigations

Summer at Club Caldecote – Week 6 26th – 30th August



	Monday 26 th August	Tuesday 27 th August	Wednesday 28 th August	Thursday 29 th August	Friday 30 th August
Craft	Bank Holiday 	Puppet making 	Slime making 	Herbert Museum & Art Gallery, Coventry 	Chalk drawings
Cooking	KEEP CALM IT'S A BANK HOLIDAY 	Cake Pops 	Decorating Gingerbread Men 		S'mores
Group		Puppet Show 	Movie Day (with popcorn) 		McDonald's Lunch

