



# Caldecote Day Nursery



## Newsletter August 2020

This month's Learning Focus: **Children's Interests, Holidays and Summer.**

This month's Value: **Courage**

### Safeguarding: Water Safety

Over the last six years 30 children under 10 years old have drowned in holiday swimming pools abroad. RoSPA believes that all of these deaths could have been prevented. This year you may be having a 'staycation' but the risk of drowning in the sea, at a hotel pool or a paddling pool can still be great.

#### Key facts behind these drownings:

- **Toddlers (0 - 3 years)** - Two to three years are most at risk. In many cases the toddler wandered away from parents and fell into an unsupervised pool.
- **Young children (4-5 years)** - Some drownings happened after the child was last seen playing in the water or playing near to water. In many cases parents were unaware of the problem until the child was found in the water (most commonly a hotel swimming pool).
- **Older children (6-9 years)** - In all of these cases the children were swimming.
- **Parental supervision** - Drowning children don't cry out for help or wave to be rescued - they disappear under the surface - often unseen and unheard. Adults need to be vigilant whenever a child is in or near a pool.

#### Key points for parents to consider before you go:

- Check the safety arrangements in advance
- Teach children never to swim alone
- Be cautious about booking holiday homes with pools, that do not have safety fencing
- Take a first aid course - know how to resuscitate a child
- Ask your travel company if the hotel pool has a lifeguard

#### When you are there:

- Actively supervise all young children near water
- Choose pools that are fenced with locking gates
- Even if a pool has a lifeguard - know where your children are, and what they are doing in the water
- Let children take swimming classes whilst on holiday - they are a great way of gaining water confidence and learning essential water safety skills
- Inflatables are not a substitute for supervision or swimming ability

#### Rules for children:

- Water safety rules for children
- Never swim alone
- Do not dive into unknown depths of water, and only jump feet first into water
- Do not push or jump onto others
- Know where to get help in an emergency

Taken from RoSPA's website

#### Reminder

Please ensure that your child has a **named** sunhat and **named** sun cream in nursery at all times, as we will try and make the most of the sunshine...when it appears!

Your child should also have a **named** waterproof coat in nursery as we try and get outside, even in the drizzle.



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### Home Learning Ideas

Here are some ideas you could try with your child this month...

Play in water at home or visit the park and play in the sand with a bucket and spade.

Talk about clothes that you might wear to the beach or pack to take on a sunny holiday.

Talk about or draw an animal that you might see at the beach or in a rock pool.

Share some books about the seaside. Commotion in the Ocean, Sharing a Shell and The Singing Mermaid are our favourites!

Try making some Frozen Banana Lollies! The recipe is on this newsletter. Let us know how they taste!

**Don't forget to send us a photo of your home learning via ParentZone.**



ParentZone



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**Autumn Term 2020 Dates for your diary...**

**Term Time Only children return on Monday 7<sup>th</sup> September**

**Nursery's 25<sup>th</sup> Birthday – Thursday 1<sup>st</sup> October**

**Harvest Celebrations – Monday 5<sup>th</sup> – Friday 9<sup>th</sup> October**

**Term Time Only Children - Term ends Friday 23<sup>rd</sup> October**

**Term Time Only children return on Monday 2<sup>nd</sup> November**

**More dates to follow...**

### We have been learning about...



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This month's seasonal recipe to try at home...

## Honey & Banana Smoothies – serves 4



### Ingredients:

- 2 bananas
- 4 large strawberries
- 100g natural yogurt
- 200g dark chocolate
- 1tbsp hundreds and thousands
- 4 lolly sticks



### Method:

1. Peel the bananas and trim off the very ends if you'd like them neater. Then chop them each into 4 equal-sized chunks. Thread a strawberry onto each lolly stick first, then push on the pieces of banana.
2. When all your banana pops are made lay them on a baking tray and put in the freezer, uncovered, for 1 hr.
3. Put the yogurt into a tall glass or jug then dip each banana pop into the yogurt to coat (avoiding the strawberries), then place back onto the tray to refreeze until set.
4. Melt the chocolate in the microwave in 30 second bursts (stirring after each blast) then pour into a mug. Dip the end piece of each banana pop in the chocolate then sprinkle over the hundreds and thousands.
5. The chocolate should set pretty much instantaneously, but you can keep them in the freezer until you want to serve them for up to 1 week.

## Covid-19 Thank you...

I would like to thank all our families for their patience and understanding in following our guidelines and new Covid-19 procedures, since we reopened on the 1<sup>st</sup> June. Socially distancing from other families; handing children over at the door and ensuring that children have the minimum amount of belongings, has helped to ensure that we are all safe. I would also like to thank our staff for their continued effort to ensure that areas of rooms are cleaned frequently, that resources are sanitised and rotated regularly and children are washing their hands more often. It is no easy task...and they have worked incredibly hard in the last two months to put all our safety measures into place. As I write this, I am proud to say that we have had no cases of Covid-19 within our nursery community, and no requirement for children or staff to self-isolate. As we move towards late summer and early autumn, I hope we will all continue to remain healthy. If you have any questions about our Covid-19 measures, please contact the office. Thank you again.



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As we approach September, we will be submitting our evidence to **The Curiosity Approach** for our accreditation. We have been working hard all year to develop our practise and to provide the children with items that are interesting and **spark curiosity!** We are building up a good collection, but are always on the look for more. Please look at the list below and make a donation of these items if you can. Further information can be found at: <https://www.facebook.com/curiosityapproach>

Metal Items	Wooden Items
<ul style="list-style-type: none"> <li>Cups</li> <li>Beakers</li> <li>Teapots</li> <li>Bowls / dishes</li> <li>Ornaments</li> <li>Spoons</li> <li>Plant pots</li> <li>Old fashioned weighing scales with weights</li> </ul>	<ul style="list-style-type: none"> <li>Bowls</li> <li>Spoons</li> <li>Ornaments</li> <li>Small shelving units</li> <li>Logs</li> <li>Log slices</li> <li>Nest of tables</li> <li>Wood offcuts</li> <li>Boxes</li> </ul>
Loose Parts	Miscellaneous
<ul style="list-style-type: none"> <li>Corks</li> <li>Shells</li> <li>Pebbles / stones</li> <li>Old CDs</li> <li>Conkers / acorns</li> <li>Curtain rings</li> <li>Empty cotton reels</li> <li>Bottle tops / lids</li> <li>Pinecones</li> <li>Feathers</li> <li>Twigs</li> <li>Tap washers</li> <li>Coasters</li> <li>Glass pebbles</li> <li>Buttons</li> </ul>	<ul style="list-style-type: none"> <li>Baskets</li> <li>Kitchen utensils – potato mashers, spoons etc.</li> <li>Photo frames without glass</li> <li>Cardboard tubes</li> <li>White tablecloths</li> <li>China tea pots</li> <li>Old radios / cameras / phones</li> <li>Large cable reels</li> <li>Blankets and cushions in neutral colours</li> <li>Rugs in neutral colours</li> <li>Any ethnic / cultural items that spark curiosity</li> <li>Costume jewellery – bangles / beads</li> <li>A typewriter</li> </ul>
<b>And anything else that sparks curiosity...!</b>	

**Please bring any donations directly to the office in a carrier bag. All items will be washed / sanitised before being given to the children.**



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