



Caldecote Day Nursery



Newsletter October 2019

This month's Learning Focus: **Grandparents, Harvest, Pantosaurus & Diwali**

This month's Value: **Respect**

Nursery Development...

Many of you will have noticed that the development of nursery is continuing in different parts of the building. Our ongoing commitment to The Curiosity Approach to improve our environment, expand our learning opportunities for the children and gain our accreditation is well underway. Both entrance halls have been decorated and developed to reflect a calmer and hopefully more welcoming atmosphere. With donations from parents, we are increasing the loose parts play that we offer and have some amazing areas to learn in, furnished with natural and real-life objects. **However, there is still more that we need and so attached to this newsletter once again is our wish list of items that you, or family members may be able to donate to us!**

Please take the time to look through our books and posters displayed to learn more about what we are doing and why. There is also the opportunity to look online and learn more about The Curiosity Approach by joining their Facebook page at <https://www.facebook.com/curiosityapproach>.



As well as changes inside, there are also some changes outside. Ashlawn Builders are back with us helping to improve access to the garden for Pre-School children, with the addition of a door directly from Pre-School 2. This will mean that children will be able to have easier 'free flow' access to the outdoor area and not have to use the front door. Once complete, this will swiftly be followed by new fencing around the entire play area as well as the addition of new equipment in the coming months. We hope early next year to refurbish kitchens and bathrooms as well as redecorating Club Caldecote throughout. Nursery will be celebrating its 25th birthday in October 2020 and our aim is to have all the work complete so we can celebrate its style and look forward to another 25 years serving the community!

If you have any questions about any of the changes, please do not hesitate to speak to Pamela or Mariana.

Harvest Festival

This year we will be collecting donations for Rugby Food Bank. We will be collecting these from **Monday 7th October – Friday 18th October**. The Food Bank are always grateful for any of the following:

- Coffee
- Custard
- Fruit Juice
- Fruit (tinned)
- Hot Chocolate
- Instant Noodles
- Jam / Marmalade
- Pasta Sauce
- Peas (tinned)
- Rice (500g)
- Rice Pudding
- Shampoo
- Shower Gel
- Snack Meals (dried or tinned)
- Snack Meats (tinned)
- Soap
- Soup (packets or cup-a-soup)
- Spaghetti (tinned)
- Sponge Pudding
- Sugar (500g)
- Tea
- Toilet Rolls
- Tomatoes (tinned)
- Toothpaste



Lancaster Road, Rugby, CV21 2QN



01788 542337



www.caldecotedaynursery.co.uk



Caldecote Day Nursery



Newsletter October 2019

This month's Learning Focus: **Grandparents, Harvest, Pantosaurus & Diwali**

This month's Value: **Respect**

Safeguarding: NSPCC Pantosaurus Week – 14th – 18th October

We will be having an 'NSPCC's PANTS' week from Monday 14th – Friday 18th October as part of our Safeguarding learning within nursery.

The children will get to know 'Pantosaurus' who can help them to keep safe.

During the week, we will be having discussions mainly with our Pre-School children and will aim to teach the important safety skills without giving explicit information or telling scary stories. We will be teaching our children how to stay safe by learning the PANTS rules, which the NSPCC have developed to be like a Green Cross Code for staying safe from sexual abuse. PANTS stands for:

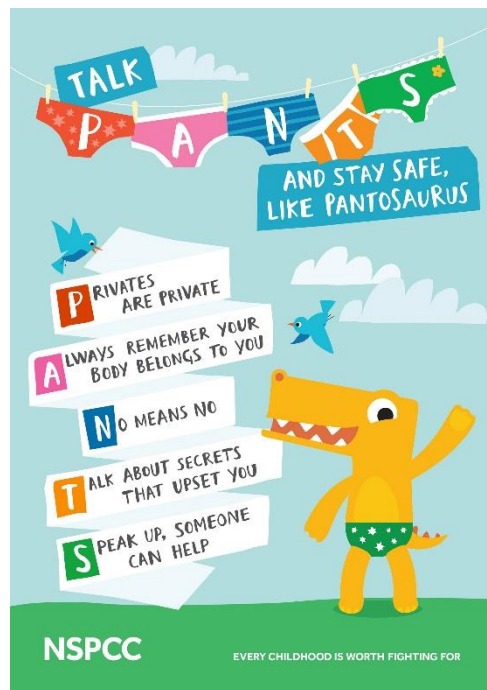
- **Privates are private.**
- **Always remember your body belongs to you.**
- **No means no.**
- **Talk about secrets that upset you.**
- **Speak up, someone can help.**

The sessions will introduce a range of ideas, all delivered in a way that's fully age-appropriate, empowering children without using any frightening words. These include:

- good and bad touching
- your child's right to say no to things that make them feel upset or uncomfortable
- naming parts of the body (Pre-School children will learn to use the words penis and vagina)

If you would like to know more about the NSPCC's campaign and learn how you can help keep your children safe in partnership with nursery, more information can be found on our website or at nspcc.org.uk/pants

If you have any questions or concerns, please don't hesitate to get in touch.



TEMPEST PHOTOGRAPHY



Tempest Photography are back to take individual and sibling photographs on **Tuesday 22nd October, from 9am - 2pm** with a festive theme! These photographs will then be available for you to purchase (details to follow) and make lovely gifts for family and friends at Christmas. If your child does not usually attend nursery on this day but you would like them to have their photo taken, please bring them along between **9am - 12.00pm** or **1.00pm - 2.00pm**. Siblings who do not attend nursery are welcome to come and have their photo taken too.



Lancaster Road, Rugby, CV21 2QN



01788 542337



www.caldecotedaynursery.co.uk



Caldecote Day Nursery



Newsletter October 2019

This month's Learning Focus: **Grandparents, Harvest, Pantosaurus & Diwali**

This month's Value: **Respect**

Home Learning Ideas

Here are some ideas you could try with your child this month...

Make a picture for Grandparents and have some family time together for Grandparents Day on Sunday 6th October.

Share the Pantosaurus rules and watch the song online:

<https://www.youtube.com/watch?v=-lL07JOGU5o>

Collect some food for Harvest to donate to the food bank. Talk about what harvest is about.

Celebrate Diwali by drawing a firework picture, listening to some Indian music or lighting a candle.

Try making a Vegetable Biryani The recipe is on this newsletter. Let us know how it tastes!

Don't forget to send us a photo of your home learning via ParentZone.



Autumn Term 2019 Dates for your diary...

Term Time Only children return on Monday 9th September

Harvest Donations - 7th – 11th October

NSPCC Pantosaurus Week - 14th – 18th October

Tempest Photography – 22nd October; 9am-2pm

Term Time Only Children - Term ends Friday 25th October

Term Time Only children return on Monday 4th November

Children in Need Week – 11th – 15th November

Baby Parent Meetings – 19th November (By appointment)

Toddler Parent Meetings – 20th November (By appointment)

Pre-School Parent Meetings – 21st November (By appointment)

Christmas Stay & Play – 7th December; 10am-12pm

Pre-School Christmas Concert – 10th December; 2pm

Pre-School Christmas Concert – 11th December; 10am

Nursery Christmas Parties – 13th December (Times TBC)

Christmas Jumper Day – 13th December

Term Time Only Children - Term ends Friday 20th December

Christmas Closure – Tuesday 24th December; 4pm

'We have been learning about... Autumn'



Lancaster Road, Rugby, CV21 2QN



01788 542337



www.caldecotedaynursery.co.uk



Caldecote Day Nursery



Newsletter October 2019

This month's Learning Focus: **Grandparents, Harvest, Pantosaurus & Diwali**

This month's Value: **Respect**

This month's seasonal recipe to try at home...

Vegetable Biryani – Serves six



Ingredients:

- 2 tbsp vegetable oil
- 1 small cauliflower broken into small florets
- 2 large sweet potatoes, peeled and cubed
- 1 large onion, sliced
- 1litre hot vegetable stock
- 3 tbsp curry paste
- ½ red chilli, seeded and finely chopped
- 2 tsp mustard seed (black or white)
- 500g basmati rice
- 140g trimmed green beans, halved
- 2 lemons, juice only
- A handful of fresh coriander leaves and cashew nuts (optional)
- Poppadums and raita, to serve



1. Preheat the oven to 220C/gas 7/fan 200C. Pour the oil into a large roasting tin or ovenproof dish and put in the oven for a couple of minutes to heat through.
2. Add all the vegetables to the tin, except the beans, stirring to coat them in the hot oil. Season with salt and pepper and return to the oven for 15 minutes until beginning to brown.
3. While the vegetables are roasting, stir together the stock, curry paste, chilli and mustard seeds.
4. Mix the rice and green beans with the vegetables in the tin, then pour over the stock mixture. Lower the oven to 190C/gas 5/fan 190C.
5. Cover the dish tightly with foil and bake for 30 minutes until the rice is tender and the liquid has been absorbed. Stir in the lemon juice and check the seasoning, then scatter over the coriander and cashew nuts (optional).
6. Serve with a pile of poppadums and a bowl of raita.



Lancaster Road, Rugby, CV21 2QN



01788 542337



www.caldecotedaynursery.co.uk





















Caldecote Day Nursery



Newsletter October 2019

This month's Learning Focus: **Grandparents, Harvest, Pantosaurus & Diwali**

This month's Value: **Respect**

October Half Term at Club Caldecote Monday 28th October – Monday 4th November						
	Monday 28 th October	Tuesday 29 th October 'Spanish Day'	Wednesday 30 th October	Thursday 31 st October 'Halloween Celebrations'	Friday 1 st November 'Bonfire Celebrations'	Monday 4 th November 'Bonfire Celebrations'
Craft	Hama Beads 	Jewellery Craft 	Junk Modelling 	Halloween Face Painting 	Firework Art 	Salt Firework Art 
Cooking	English Muffin Pizzas 	Spanish Omelette 	Fruit Smoothies 	Halloween Cake Pops 	Edible Sparklers 	Edible Bonfires 
Group	Football Match in the Park 	Spanish Group Games 	Yum Yum World (10am-12pm) 	Halloween Party (Come in fancy dress!) 	Library & Park Visit 	Movie Day (with popcorn) 

Book early to avoid disappointment!



Lancaster Road, Rugby, CV21 2QN



01788 542337



www.caldecotedaynursery.co.uk