



Caldecote Day Nursery



Newsletter August 2024

This month's Learning Focus: **Children's interests, Olympics**

This month's Value: **Courage**

Safeguarding: Water Safety

Over the last seven years 30 children under 10 years old have drowned in holiday swimming pools abroad. RoSPA believes that all of these deaths could have been prevented. This year you may be having a 'staycation' but the risk of drowning in the sea, at a hotel pool or a paddling pool can still be great.

Key facts behind these drownings:

- **Toddlers (0 - 3 years)** - Two to three years are most at risk. In many cases the toddler wandered away from parents and fell into an unsupervised pool.
- **Young children (4-5 years)** – Some drownings happened after the child was last seen playing in the water or playing near to water. In many cases parents were unaware of the problem until the child was found in the water (most commonly a hotel swimming pool).
- **Older children (6-9 years)** - In all of these cases the children were swimming.
- **Parental supervision** - Drowning children don't cry out for help or wave to be rescued - they disappear under the surface – often unseen and unheard. Adults need to be vigilant whenever a child is in or near a pool.

Key points for parents to consider before you go:

- Check the safety arrangements in advance
- Teach children never to swim alone
- Be cautious about booking holiday homes with pools, that do not have safety fencing
- Take a first aid course – know how to resuscitate a child
- Ask your travel company if the hotel pool has a lifeguard

When you are there:

- Actively supervise all young children near water
- Choose pools that are fenced with locking gates
- Even if a pool has a lifeguard – know where your children are, and what they are doing in the water
- Let children take swimming classes whilst on holiday – they are a great way of gaining water confidence and learning essential water safety skills
- Inflatables are not a substitute for supervision or swimming ability

Rules for children:

- Water safety rules for children
- Never swim alone
- Do not dive into unknown depths of water, and only jump feet first into water
- Do not push or jump onto others
- Know where to get help in an emergency

Taken from RoSPA's website

Reminder

Please ensure that your child has a **named** sunhat and **named** sun cream in nursery at all times, as we will try and make the most of the sunshine...when it arrives!



Leaving to start school?

If you are leaving to start school in September, **please remember you need to give at least one month's notice.**



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Family Focus: Schemas

At nursery, we aim to work with parents and carers, supporting children in all aspects of their development and well-being. Each month we will highlight an area that parents and carers may be struggling with. **This month our focus is: Schemas**

What is a Schema?:

- In its simplest form, a schema is a pattern of repeated behaviour within a child's play. These urges and fascinations can help children to learn and express themselves. There are many types of schema and some children may show one or more and others may show none at all.

How to schemas help learning?:

- Schematic play encourages; exploration, prediction, questioning, physical development, language skills, thinking skills, risky play, knowledge building, imagination.

What are the schemas and how can you support them?:

- **Transporting:** Moving things from place to place; themselves or objects. Enjoys picking up and putting down. Support by: Providing containers or bags to allow transportation. Use large vehicles to facilitate moving objects.
- **Orienteering:** Likes to put objects in different places to look at them. May also like to position themselves; lying on side etc. Support by: Providing mirrors, binoculars, magnifying glasses. Allowing children to sit or lie down in unusual ways.
- **Rotating:** Likes to spin things, including themselves. Enjoys roundabouts, being swung around, wheels, washing machines. Support by: Offering opportunities for mixing, stirring, using wheels and cogs. Outdoor play involving spinning.
- **Positioning:** Enjoys lining things up or putting them in specific positions. May also like to sort and create groups of items. Support by: Providing collections of toys or loose parts to engage in this. Wooden blocks and pegboards may also be of interest.
- **Trajectory:** They may enjoy dropping or throwing things from up high or climbing. Running water / pouring sand features too. Support by: Offering sand and water play; balls, beanbags, paper aeroplanes, bubble play.
- **Transforming:** Changing materials, mixing mud with water, mixing paint. Observing and feeling what happens to materials. Support by: Providing materials to mix and combine; cooking activities that involve mixing or melting.
- **Enclosing:** Likes closed spaces and boundaries; being inside a box; making a fence around a group of items; borders around art. Support by: Encouraging den play, using items to create walls and borders, such a wooden planks, bricks cardboard pieces.
- **Enveloping:** Enjoys wrapping themselves up or wrapping objects up. Support by: Providing blankets to wraps dolls / soft toys / themselves. Offer paper or fabric scraps to wrap presents.
- **Connecting:** Likes to connect and disconnect items. This can be anything from Lego to paper with glue. Support by: Offering connecting materials; glue, tape, paper. Also construction items that connect and disconnect.

Why are schemas important?

- By observing and understanding schemas, we can be more aware of a child's interests, their thinking and their preferred ways of learning. This understanding can enrich their play and help to plan next steps in learning while following their interests.

Schemas and children with additional needs such as ASD:

- Identifying and supporting children with schemas is also useful if your child has special educational needs, such as Autism. There are some schemas which are more commonly displayed than others:
- **Vertical and Horizontal Trajectories:** opening and closing doors, lining up vehicles, climbing, stepping up and down, banging objects together, walking forwards and backwards on the same line, turning lights on and off, lying flat on the floor.
- **Enveloping:** feeling safe in a den, pop up tent, wrapped in a blanket – this can be indoors or outside.
- **Rotation:** spinning around and flapping hands and arms when excited by something.

Please remember that a child may display lots of these schemas for extended periods of time or may only display them briefly or not at all. It is part of natural learning and development which we support in nursery and you can support at home. Please contact the office if you have any questions or would like to learn more about schemas.



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Home Learning Ideas

Here are some ideas you could try with your child this month...

Don't forget to send us a photo of your home learning via ParentZone.

Play in water at home or visit the park and play in the sand with a bucket and spade.

Talk about clothes that you might wear to the beach or pack to take on a sunny holiday.

Talk about or draw an animal that you might see at the beach or in a rock pool.

Share some books about the seaside. Commotion in the Ocean, Sharing a Shell and The Singing Mermaid are our favourites!

Try making our seasonal recipe of the month and let us know how it tastes!



ParentZone

Summer Term 2024 Dates for your diary...

Bank Holiday Closure – Monday 26th August

Autumn Term 2024 Dates for your diary...

Term Time Only Children - Term begins Monday 9th September

Harvest donations collected – w/c 30.09.24 & 07.10.24

Nursery's 29th Birthday Celebrations – Tuesday 1st October

NSPCC Pantosaurus Week – w/c 14.10.24

Term Time Only Children - Term ends Friday 25th October

Term Time Only Children - Term begins Monday 4th November

Term Time Only Children - Term ends Friday 20th December

More dates and events to follow...

Our full term dates calendar is available on our website:

<https://www.caldecotedaynursery.co.uk/parents>

This month's seasonal recipe to try at home...

Strawberry Smoothie Lollies – makes 6



Try these easy recipes with your child to get them involved and interested in food! Cooking together is a good way to connect.

Ingredients:

- 400g strawberries, hulled and roughly chopped
- 150g natural yogurt
- 30g caster sugar or 2 tbsp honey (or to taste)



Method:

1. Tip the strawberries into a blender and blitz to a purée. Add the yogurt and blitz again to combine. Taste for sweetness and add as much sugar or honey as needed – this will depend on the ripeness of the fruit as well as your personal taste.
2. Divide the mixture evenly between the holes of a six-hole ice lolly mould – they should be filled to the brim. Insert the lolly sticks and freeze for 4 hrs or until solid. *Will keep frozen for up to a month.*



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Leadership Focus

At nursery, we have several staff who take a leadership role. To raise their profile with parents and celebrate the good work that they do, each month we are going to highlight a different role and provide you with some information.

This month it is our Time To Talk Champions: Lauren, Sophie, Tiffany & Leanne (who returns from mat leave in September)

During June & July, our Champions have been trained in 'Legro' to be able to further support children in nursery, but what is Legro?

'time to talk'TM is supporting the development of high-quality **Language Enrichment group** provision in Warwickshire's Early Years settings through their new resource 'Legro'. We were one of a few settings in Warwickshire, chosen to be trained with the new resources and were delighted to take part.

Legro is a Language Enrichment Group programme which supports children with an 'amber' level of communication need who are in Pre-School. We have also adapted the programme to be able to target children in Toddler Room as well as Baby Room so that the support is consistent across the nursery. The programme also works to support children with English as an additional language and also those who are lacking in confidence.



It uses the 'chatter matters'TM and 'time to talk'TM principles and embeds these within the context of storytelling. It allows for 'WellComm Big Book of Ideas' activities to be incorporated into session planning making sure each child develops their language and communication skills to their full potential.

Each block of Legro consists of 6 weeks of session plans. The programme has been jointly created by NHS Speech and Language Therapists, teachers and Warwickshire's Early Years team.

Each block is based on a story book which the children will become immersed in as they learn and develop their speech and language skills.



Please do not worry if your child is taking part in a group – it is just part of the continued support we offer!



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July & August 2024 **Summer of Colour** RUGBY Art Gallery & Museum

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
22 Relaxed Hour 10:30-11:30am FREE	23 Festival of Archaeology 10-11am & 11.15am-12.15pm FREE	24 Colour Wheel Collages 10-11am & 11.15am-12.15pm Early Years	25 Coloured Light Play 10-11am & 11.15am-12.15pm Early Years	26 Colour marbled paper 10-10.30am, 10.45-11.15am & 11.30-12.30pm 6+	27 Self-led scrap day Olympic Rings 10am-12pm & 1.30-3.30pm FREE
29 Collage portraits 10-11am & 11.15am-12.15pm 6+	30 Collage portraits 10-11am & 11.15am-12.15pm 6+	31 Play Day Whitehall Rec 11am-3pm FREE	1 Graffiti art Percival Guildhouse Gardens 10-11am & 11.15am-12.15pm Early Years	2 Rainbow play 10-11am & 11.15am-12.15pm Early Years	3 Self-led scrap day Olympic Rings 10am-12pm & 1.30-3.30pm FREE
6 Relaxed Hour 10:30-11:30am FREE	13 Neon art 10-11am & 11.15am-12.15pm 6+	14 Screen printed tote bags 10-11am & 11.15am-12.15pm 12+	15 Giant portraits 10-11am & 11.15am-12.15pm 6+	16 Rainbow play 10-11am & 11.15am-12.15pm Early Years	17 Self-led scrap day 10am-12pm & 1.30-3.30pm FREE
12 Relaxed Hour 10:30-11:30am FREE	19 Mod roc sculptures 10-11am & 11.15am-12.15pm 12+	20 Rainbow weaving 10-11am & 11.15am-12.15pm 6+	21 Giant portraits 10-11am & 11.15am-12.15pm 6+	22 Rainbow play 10-11am & 11.15am-12.15pm Early Years	23 Self-led scrap day 10am-12pm & 1.30-3.30pm FREE
19 Relaxed Hour 10:30-11:30am FREE	26 Water & bubble play Percival Guildhouse Gardens 10-11am & 11.15am-12.15pm Early Years	27 Colour Kaleidoscopes 10-11am & 11.15am-12.15pm 6+	28 3D pen keyrings 10-11am, 11.15am-12.15pm, 2-3pm & 3.15-4.15pm 8+	29 Giant portraits 10-11am & 11.15am-12.15pm 6+	30 Self-led scrap day 10am-12pm & 1.30-3.30pm FREE
26 Relaxed Hour 10:30-11:30am FREE	27 Water & bubble play Percival Guildhouse Gardens 10-11am & 11.15am-12.15pm Early Years	28 Colour Kaleidoscopes 10-11am & 11.15am-12.15pm 6+	29 3D pen keyrings 10-11am, 11.15am-12.15pm, 2-3pm & 3.15-4.15pm 8+	30 Giant portraits 10-11am & 11.15am-12.15pm 6+	31 Self-led scrap day 10am-12pm & 1.30-3.30pm FREE

Colour Hunt 20 July - 10 August Postcard Hunt 12 - 31 August To book visit www.ragm.co.uk

THE READING AGENCY Summer Reading Challenge Delivered in partnership with libraries

Marvellous Makers



	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
JUL 22	Duplo Time 9:30am - 10am		24 Rhyme Time 9:30am - 10am	25 Arts and Crafts 2:30pm - 3:30pm	26 Let's Make Lego Spike 2:30pm - 4pm	27 Lego Club 2pm - 3pm	28 Lego Club 12:30pm - 1:30pm Book Magic 2:30pm - 3:30pm
JUL/AUG 29	Duplo Time 9:30am - 10am		31 Rhyme Time 9:30am - 10am	01 Making Music 2:30pm - 3:30pm	02 Let's Make Lego Spike 2:30pm - 4pm	03 Duplo Club 10:30am - 11:30am Lego Club 2pm - 3pm	04 Lego Club 12:30pm - 1:30pm Book Magic 2:30pm - 3:30pm
AUG 05	Duplo Time 9:30am - 10am	06 Sensory Stories 4 - 4.30pm	07 Rhyme Time 9:30am - 10am	08 Adventures With Words 2:30pm - 3:30pm	09 Let's Make 3D Prints 2:30pm - 4pm	10 Story Smash 10:30am - 11:30am Lego Club 2pm - 3pm	11 Lego Club 12:30pm - 1:30pm Book Magic 2:30pm - 3:30pm
AUG 12	Duplo Time 9:30am - 10am	13	14 Rhyme Time 9:30am - 10am	15 Myths, Magic, and Masks with Pyn Stockman 2:30pm - 3:30pm	16 Let's Make Marvellous Movies 2:30pm - 4pm	17 Big Games 10:30am - 11:30am Lego Club 2pm - 3pm	18 Lego Club 12:30pm - 1:30pm Book Magic 2:30pm - 3:30pm
AUG 19	Duplo Time 9:30am - 10am	20	21 Rhyme Time 9:30am - 10am	22 Model Marvels 2:30pm - 3:30pm	23 Let's Make 3D Prints 2:30pm - 4pm	24 Lego Club 2pm - 3pm	25 Closed-Bank Holiday
AUG 26	Closed-Bank Holiday	27	28 Rhyme Time 9:30am - 10am	29 Cartoons and Puppets 2:30pm - 3:30pm	30 Let's Make Marvellous Movies 2:30pm - 4pm	31 Duplo Club 10:30am - 11:30am Lego Club 2pm - 3pm	01 Lego Club 12:30pm - 1:30pm Book Magic 2:30pm - 3:30pm



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BARNARDOS Useful Contact Information

Family Information Service

Providing information, advice and one-to-one support for families with children & young people aged 0-25.
New Free Tel: 0800 408 1558
Tel: 01926 742274
Email: fis@warwickshire.gov.uk
www.warwickshire.gov.uk/fis

Children and Families Front Door

For concerns about a child's wellbeing
Tel: 01926 414144

Family Support Help Line

Monday to Friday:
9.00am to 4.00pm
Tel: 01926 412412
www.warwickshire.gov.uk/childrenandfamilies

Breastfeeding Support Drop-in Group for Babies and Toddlers

Wednesdays: 10:00am to 11:30am
Claremont Children & Family Centre
swg-tr.breastfeedingnorth@nhs.net
Tel: 01926 626529

Midwives

Maternity advice, The Owen Building, St. Cross Hospital
Tel: 01788 663184

Adult and Community Learning

<https://warwickshire.gov.uk/acf>
Tel: 01926 736392

Warwickshire Health Visiting Drop in Clinic

Tuesdays: 9.30-11.00am
Claremont Children & Family Centre

Speech and Language Therapy Preschool Team

Tel: 01788 555107

Phone number and TEXT Chat Service

Advice & support for parents of pre-school children of Warwickshire
Text: 07520 615293
OR Tel: 01788 551212

Citizens Advice Bureau

Tel: 0808 250 5715

Interested in volunteering?
please contact serena.langan@barnardos.org.uk

WHAT'S ON GUIDE SUMMER HOLIDAYS

Rugby Children & Family Centres

Rugby Children & Family Centres (CFC):

- Boughton Leigh Children & Family Centre**
Wetherell Way, Rugby, CV21 1LT Tel: 01788 570347
- Claremont Children & Family Centre**
Claremont Road, Rugby, CV21 3LU Tel: 01788 579488
- Long Lawford Children & Family Centre**
Holbrook Road, Long Lawford, Rugby, CV23 9AL Tel: 01788 561313
Email: rugbycfc@barnardos.org.uk

At the Rugby Children and Family Centres, we offer a variety of play sessions, courses and support for children from 0-19yrs (up to 25yrs with SEND) and their families. Please find our timetable enclosed or contact us to find out more.

Rugby Borough Children and Family Centres (CFC) Summer Holidays Timetable 22 July - 30 August 2024				
Monday	Tuesday	Wednesday	Thursday	Friday
<p>Walk-in Wardrobe Pre-loved clothes for 0-5's 9.30am to 11.30am Toy Library 9.30am to 11.30am Claremont CFC</p>	<p>Toddler Time <i>Booking essential</i> Aimed at 0-5 yrs. Siblings up to 11 yrs welcome. 10.00am to 11.30am Boughton Leigh CFC</p>	<p>Toddler Time <i>Booking essential</i> Aimed at 0-5 yrs. Siblings up to 11 yrs welcome. 10.00am to 11.30am Long Lawford CFC <i>Not taking place 7 August</i></p>	<p>Toddler Time <i>Booking essential</i> Aimed at 0-5 yrs. Siblings up to 11 yrs welcome. 10.00am to 11.30am Claremont CFC</p>	<p>Walk-in Wardrobe Pre-loved clothes for 0-5's 9.30am to 11.30am Claremont CFC</p>
<p>Baby Time <i>Booking essential</i> Non-walkers from birth 10.00am to 11.00am Claremont CFC <i>Not taking place 19 August</i></p>	<p>Family Time <i>Booking essential</i> 30 July & 13 August Activities for 0-11 yrs 10.00am to 11.00am Wolston Village Hall (CV8 3HT)</p>	<p>Active Kidz <i>Booking essential</i> 24 July, 31 July, 14 August, 21 August Holiday club for 5-10 yr olds. 10.00am to 11.30am Claremont CFC</p>	<p>Curious Creators Aimed at 5-11 yrs 10.00am to 11.30am Boughton Leigh CFC <i>Not taking place 29 August</i></p>	<p>Little Stars For children with additional needs 9.30am to 10.30am Boughton Leigh CFC <i>Not taking place 9 August</i></p>
<p>Family Time <i>Booking essential</i> 19 August Activities for 0-11 yrs 10.00am to 11.00am Hill Street Youth & Community Centre (CV21 2NB)</p>	<p>Family Time <i>Booking essential</i> 6 August & 20 August Activities for 0-11 yrs 10.00am to 11.00am The Barn @ Houlton</p>	<p>Play Day We are joining Rugby Play Rangers for a day of fun! 7 August 11.00am to 3.00pm Whitehall Recreation Ground (CV22 5AA)</p>	<p>Curious Creators Aimed at 5-11 yrs 2.00pm to 3.30pm Long Lawford CFC <i>Not taking place 29 August</i></p>	<p>Family Time <i>Booking essential</i> Activities for 0-11 yrs 10.00am to 11.00am Rogers Hall, Hillmorton (CV21 4EN) <i>Not taking place on 23 or 30 August</i></p>
<p>Baby Time Non-walkers from birth 1.30pm to 2.30pm Boughton Leigh CFC</p>	<p>Baby Time Non-walkers from birth 1.30pm to 2.30pm Boughton Leigh CFC</p>	<p>Baby Time Non-walkers from birth 1.30pm to 2.30pm Long Lawford CFC <i>Not taking place 7 August</i></p>	<p>Family Time <i>Booking essential</i> 24 July & 14 August Activities for 0-11 yrs 2.00pm to 3.00pm Cawston Community Hall (CV22 7GU)</p>	<p>Family Time <i>Booking essential</i> Activities for 0-11 yrs 1.30pm to 2.30pm The Chapel, Newbold (CV21 1HH) <i>Not taking place on 9 or 30 August</i></p>
<p> Stay up to date with the latest Children & Family Centre news! @Rugbychildrenandfamilycentres @RugbyCFC</p>		<p>Support & Advice 1-2-1 advice & support available from the centres on a wide range of issues for families with children, young people 0-19 or up to 25 with SEND.</p>		<p>To book a place on our sessions scan the QR code or follow the link: https://rugbycfc.eventbrite.com</p>

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PLACES WHERE KIDS EAT FREE (OR FOR £1) DURING THE SUMMER HOLIDAYS 2024



moneysavingcentral.co.uk/kids-eat-free

LAS IGUANAS

Join 'My Las Iguanas' via the App & Niños eat free with every adult main

ASDA

Kids eat for £1 All Day, Every Day at Asda cafes, with no adult spend required.

SAINSBURYS CAFES

Kids eat for £1 with the purchase of an adult hot main. From 11:30am every day.

PAUSA CAFE @ DUNELM

Kids get 1 mini main, 2 snacks & a drink FREE with every £4 spend after 3pm

THE REAL GREEK

Kids under 12 eat FREE every Sunday for every £10 spent by an adult

TGI FRIDAYS

Kids Eat Free When 'Stripes Rewards Members' purchase an adult's main meal (App needed)

PUREZZA

Children under the age of 10 get free pizza at Purezza with every adult meal purchased

TRAVELODGE & PREMIER INN

Buy 1 Adult Breakfast from just £8.99 & up to two kids eat breakfast for free

IKEA

Kids get a meal from 95p daily from 11am

SIZZLING PUBS

Every Monday to Friday, 3 - 7pm, kids' mains are £1 with every adult meal.

BEEFEATER & BREWERS FAYRE

Two children under 16 can get a free breakfast every day with one paying adult!

PRETO

Kids up to age 10 eat free all day, every day with paying adults at Preto in Half Terms

MORRISONS

Spend £4.49 and get one free kids meal all day, every day.

TESCO CAFES

1 Free Kids meal with every 60p Spend. Available from July 1st Scotland and NI - from July 22nd England & Wales

GORDON RAMSEY RESTAURANTS

Kids under 8 eat FREE all day, every day at selected Gordon Ramsay restaurants

YO! SUSHI

From Monday 1st July - Friday 30th August 2024, kids eat free all day Mondays to Fridays at YO! Sushi (min adult spend £10).

WHITBREAD INNS

Two kids under 16 eat for FREE with every adult breakfast purchased

BELLA ITALIA

Children eat for £1 with any adult main. The offer is valid 4-6pm Mon to Thurs.

COCONUT TREE

One child (aged 10 and under) eats free per paying adult. Valid Daily, 12pm - 6pm from Monday 22nd July to Friday 6th Sept 2024.

DOBBIES GARDEN CENTRES

At Dobbies, for every adult breakfast or lunch purchase, kids eat for FREE. Every Day!

TABLE TABLE

Two children under 16 can get a free breakfast every day with one paying adult!

HUNGRY HORSE

Kids eat for £1 on Mondays

FUTURE INNS

Under 5s eat for free with any adult meal.

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Our July Learning...



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